Sport Related Majors

Recent Majors
Students interested in sport have designed a variety of majors through the Individualized Major Program. Some of the recent titles include:

- Sport Promotion
- Sport Operations
- Integrative Exercise and Nutrition
- Sport Media and Digital Production
- Exercise Physiology and Health
- Sport Multimedia Promotion

Required Courses
Your individualized major plan of study will consist of at least 36 credits of 2000-level or higher courses, 18 of which must be from the college granting your degree, and must include the following:

Research Methods Course
A research methods course will introduce you to how knowledge is produced and evaluated in a particular discipline. Choose one from an academic department that is integral to your major. Some examples include: COMM 2000Q, PSYC 2100WQ, HDFS 2004W or SOCI 3201.

Capstone
UNIV 4600W Capstone Course, UNIV 4697W Senior Thesis, or an approved alternative.

Writing Intensive Course
A writing intensive course that is relevant to the major theme. This will normally be designated “W” in the course catalog and is in addition to the capstone.

We strongly recommend that you include an experiential learning component, such as an internship, research, or study abroad, in your plan of study.

Introductory Courses and Prerequisites
Depending on the focus of your sport-themed major, the following introductory courses may be relevant. Be sure to check the catalog for the specific prerequisites for the courses in your plan of study.

- COMM 1000 The Process of Communication
- HIST 1250 Sports in History
- BADM 3750 Intro to Marketing Management has many prerequisites. You must achieve a C or better in ACCT 2001; ECON 1200 or 1201/1202; ENGL 1007/1010/1011/2011; MATH 1070/1071, or 1131 and 1070/1132, or 1125,1126 and 1132/1070; and STAT 1000 or 1100.
Frequently Included Courses
Please note that this is not a complete list; you may find other relevant courses in the catalog. Please check Student Admin and consult with your faculty advisors to be sure that the courses you would like to include in your major will be taught in the upcoming semesters. Please also check the IMJR guidelines for inclusion of Business (BADM) and Sport Management (EDLR) courses.

AH
3101 Health and Wellness for Life

BADM
3452 Professional Selling
3661 Marketing and Digital Analytics
3665 Digital Marketing
3720 Legal and Ethical Environment of Business
3730 Financial Management
3740 Managerial and Interpersonal Behavior
3750 Introduction to Marketing Management

COMM
2000Q Research Methods in Communication
2300 Effects of Mass Media
2500 Persuasion
2700 Fundamentals of Digital Production
3120W Small Group Communication
3210 Gender and Communication
3310W Media Literacy and Criticism
3320 Media and Diverse Audiences
3510 Marketing Communication
3520 Communication Processes in Advertising
3530 Public Relations

EDLR
3310 Management of Sport Organizations
3325 Sport Venue and Event Management
3335 Sport Law
3340 Introduction to Sport Marketing
3547 Intro to Sport Based Youth Development

HDFS
2004W Research Methods in HDFS
2100 Human Development: Infancy through Adolescence
3103 Adolescent Development

KINS
3222 Mind, Body, and Sport Performance
3320 Exercise Psychology
3522 Biomechanics of Injury and Sport
4500 Exercise Physiology
4510/W Advanced Topics in Health and Sport Performance

NUSC
2200 Nutrition and Human Development
3230 Community Nutrition
4250 Nutrition for Exercise and Sport

PSYC
2100WQ Principles of Research in Psychology
2400 Developmental Psychology
2600 Industrial/Organizational Psychology
2700 Social Psychology

SOCI
2510 Ethnicity and Race
3201 Methods of Social Research
3601 Sociology of Gender

ECON
2447 Economics of Sports