

# Individualized Major Plan of Study

<b>Major Title:</b>	Food, Culture, and Health	
Last Name:	First Name:	Student Admin #:
Husky	Jonathan	1234567

## PART A: Preferred Courses

No.	Dept. Course#	Title	Cr.	Prerequisites Still Needed	Semester Planned	Type
<i>Ex.</i>	<i>COMM 3000Q</i>	<i>Research Methods in Communication</i>	<i>3</i>	<i>COMM 1000</i>	<i>Fall 2017</i>	<i>RM</i>
1	SOCI 3201	Methods of Social Research	3		Fall 2020	RM
2	SOCI 2705	Sociology of Food	3		Spring 2020	
3	SOCI 3451	Sociology of Health	3		Fall 2020	
4	NUSC 2200	Nutrition and Human Development	3		Fall 2019	
5	NUSC 3230	Community Nutrition	3	NUSC 2200	Spring 2020	
6	ANTH 3202W	Illness and Curing	3		Spring 2021	W
7	ANTH 3302	Medical Ecology	3		Fall 2021	
8	AH 2330	Italy's Mediterranean Food & Our Health	3		Summer 2021	
9	HIST 3993	History and Culture of Food in the Mediterranean	3		Summer 2021	
10	HDFS 3425	Food and the American Family	3		Fall 2020	
11	GEOG 3240	Medical and Healthcare Geography	3		Spring 2022	
12	UNIV 4600W	Capstone Course	3		Spring 2022	
13						
14						
15						
<b>Total Credits:</b>			<b>36</b>			

Your major must include at least 36 credits.

**You will be expected to complete the total number of credits that you propose.**

## PART B: Alternative Courses

No.	Dept. Course#	Title	Cr.	Prerequisites	Notes
1	PSYC 3105	Health Psychology	3		
2	ANTH 3300	Medical Anthropology	3		
3	SOCI 3211Q	Quantitative Methods in Social Research	4	SOCI 3201	
4	GEOG 3220	Race and Food	3		
5	AH 3101	Health and Wellness for Life	3		
6	ARE 3260	Food Policy	3		
7					
8					

## Experiential Learning

Briefly describe any internships, study abroad, or research that you have planned.

I worked at the Rudd Center this summer doing research on childhood obesity.

I plan to study abroad next summer at the Mediterranean Diet and Tuscan Cuisine program in Florence, Italy.