

Health Related Majors

Recent Majors

Students have designed health-themed individualized majors through the College of Liberal Arts and Sciences (BA or BS) and the College of Agriculture, Health and Natural Resources (BS). Recent titles include:

Health and Social Inequality	Global Health
Health, Nutrition, and Wellness	Spirituality, Culture, and Health
Food, Culture, and Health	Exercise Physiology and Health

Required Courses

Your individualized major plan of study will consist of at least 36 credits of 2000-level or higher courses, 18 of which must be from the college granting your degree, and must include the following:

Research Methods Course

A research methods course will introduce you to how knowledge is produced and evaluated in a particular discipline. Choose one from an academic department that is integral to your major. Some examples include: PSYC 2100WQ, SOCI 3201, ANTH 3004, or HDFS 2004W.

Capstone

UNIV 4600W Capstone Course, UNIV 4697W Senior Thesis, or an approved alternative.

Writing Intensive Course

A writing intensive course that is relevant to the major theme. This will normally be designated “W” in the course catalog and is *in addition to* the capstone.

We strongly recommend that you include an **experiential learning** component, such as an *internship*, *research*, or *study abroad*, in your plan of study.

Bachelor of Science in CLAS

If you intend to complete a BS in your individualized major through the College of Liberal Arts and Sciences, you must include 24 credits of science in your individualized major plan of study *and* fulfill the CLAS general education requirements for the BS degree. (Note: if your IMJR is your *second* major and your primary major is in a science field, then you do not have to have 24 science credits in your IMJR.)

Prerequisites

Check the catalog for any prerequisites for the courses you wish to include in your plan of study. Upper-level courses in communication, economics, psychology, statistics, and the sciences all have prerequisites.

PUBH 1001 Introduction to Public Health serves as an excellent foundation for a major focused on public or community health.

Frequently Included Courses

Please note that this is **not** a complete list; you may find other relevant courses in the catalog. Please check Student Admin and consult with your faculty advisors to be sure that the courses you would like to include in your major will be taught in the upcoming semesters.

Important Note! Almost all courses in **PNB** and **MCB** are relevant to health; they are not listed individually below.

AH

Most AH courses are relevant to health, but please consult with the Allied Health Academic Advising Office regarding access to them.

ANTH

3003 Field Research in Social Settings
3004 Cultural Research
3098 Variable Topics: Power and Right to Healthcare in Latin America (*when offered*)
3202W Illness and Curing
3251 Psychological Anthropology
3300 Medical Anthropology
3302 Medical Ecology
3325 Intro to Global Health
3326 Global Health and Human Rights

CHEM

2443-2445 Organic Chemistry & Lab

GEOG

3240 Medical and Health Care Geography

HCFI

Most HCFI courses are relevant to health, but please see the IMJR Guidelines on Inclusion of School of Business Courses.

HDFS

2004W Research Methods in HDFS
2100 Human Dev: Infancy through Adolescence
2200 Human Dev: Adulthood and Aging
3240 Aging in American Society
3250 Disabilities: A Lifespan Perspective
3251 Biotechnology, Disability and the Family
3252 Death, Dying, and Bereavement
3442 Latino Health and Health Care
4255 Living with Chronic or Life-threatening Illness

KINS

3205 Health Fitness Assessment
3320 Exercise Psychology
3522 Biomechanics of Injury and Sport
4500 Exercise Physiology I
4510/W Exercise Physiology II

NUSC

2200 Nutrition and Human Development
3180 Experience in Community Nutrition
3230 Community Nutrition
4250 Nutrition for Exercise and Sport

PSYC

2100WQ Principles of Research in Psychology
2200 Physiological Psychology
2201 Drugs and Behavior
2300 Abnormal Psychology
2400 Developmental Psychology
3105 Health Psychology

PUBH

PUBH 3001 Introduction to Epidemiology

SOCI

2275 Social Well-Being
2705 Sociology of Food
3201 Methods of Social Research
3211Q Quantitative Methods of Social Research
3451 Sociology of Health
3507 Race and Reproduction

STAT

3005 Biostatistics for Health Professions
4625 Introduction to Biostatistics

WGSS

3105 The Politics of Reproduction
3257 Feminist Disability Studies